



ANNUAL IMPACT REPORT ARK OF HOPE FOUNDATION FOR ALL NATIONS

1 April 2024 - 31 March 2025



.....Bringing Hope, To The Hopeless

INTRODUCTION

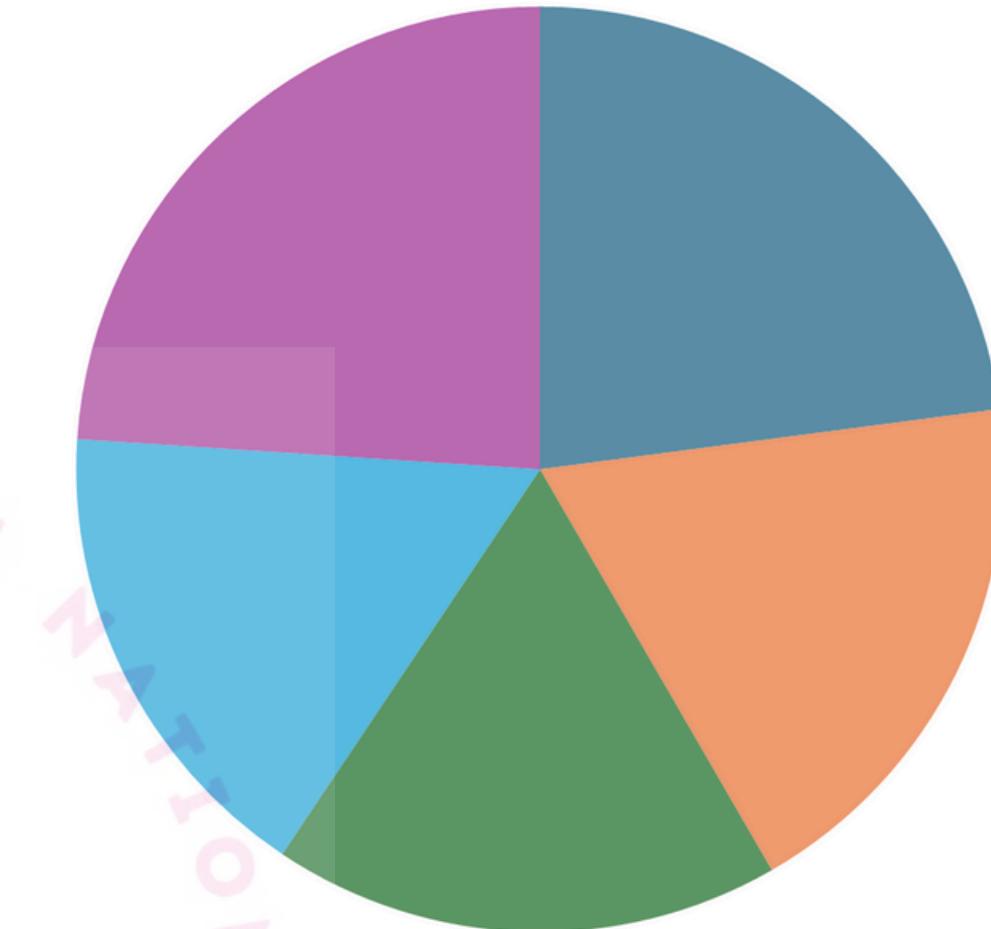
- Over the past 12 months, Ark of Hope Foundation For All Nations has provided comprehensive, holistic support to vulnerable women, children, and families across Stoke on Trent. Through focusing on culturally sensitive food provision, safe accommodation, life skills development, and community engagement, the charity has worked tirelessly to alleviate poverty, reduce social isolation, and empower individuals to reclaim stability and hope in their lives.
- Recognising that each individual's needs are unique, Ark of Hope Foundation For All Nations combines practical assistance with emotional support, ensuring beneficiaries feel valued, respected, and understood.
- To gain insights into community needs and evaluate programme effectiveness, a structured survey of service users was conducted, capturing both quantitative outcomes and qualitative narratives. 250 participants from our previous support packages were invited to participate in the survey, and 200 responded, indicating an 80% response rate.
- This survey allowed us to combine quantitative metrics (percentage of respondents reporting specific outcomes) with qualitative confessions and testimonials, providing a multidimensional view of the impact on participants' lives.



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KEY QUALITATIVE RESULTS

Questions	Respondents (%)	Insight
Felt more food secure	88%	Beneficiaries reported reduced anxiety around accessing nutritious meals and planning family meals
Improved household budgeting	72%	Participants gained confidence in financial planning and reduced reliance on emergency aid
Increased self-confidence	68%	Beneficiaries felt empowered to pursue training, employment, and personal development goals
Greater sense of belonging	64%	Engagement in community activities fostered social connection and reduced isolation
Felt respected and valued	92%	Culturally sensitive support and personalised care were recognised and deeply appreciated



- Felt respected and valued
- Improved household budgeting
- Increased self-confidence
- Greater sense of belonging
- Felt respected and valued

The survey had a good response rate, from the 250 initial number of the survey 200 responded given the option to tick on the question where they felt the service impacted them.



Qualitative Insights

- "I never thought anyone would understand my cultural needs. Ark of Hope Foundation For All Nations did, and that gave me hope."
- "For the first time in years, I feel safe letting my children play outside and meet others."
- "Receiving a parcel with foods from my culture was like being recognised and included."
- "The volunteers listened to me without judgment, and that made a huge difference to my confidence."

Survey Themes

- Practical impact: Access to essential food, safe shelter, and financial stability
- Emotional & mental wellbeing: Reduced anxiety, increased optimism, and improved mood
- Social connection: Formation of friendships, peer support networks, and community integration
- Empowerment: Skills development, personal growth, and increased confidence to pursue life opportunities
- The survey results demonstrate that Ark of Hope Foundation For All Nation's interventions simultaneously address immediate needs and foster long-term psychosocial resilience, highlighting the organisation's commitment to culturally competent, person-centred care.



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Project Outputs – What We Delivered

During the reporting period, Ark of Hope Foundation For All Nation delivered:

- Safe and Supported Accommodation for women and families experiencing homelessness, domestic abuse, or crisis
- Weekly 'Stella & Friends' Community Meals providing nutritious, culturally relevant food alongside social engagement opportunities
- Culturally Competent Remote Food Bank Parcels with home delivery for vulnerable individuals and families
- Holistic Life Skills & Empowerment Programmes, including budgeting, employment readiness, mentoring, and emotional support
- Volunteer and Community Partnerships to expand service reach and foster community cohesion

Outputs Summary

- 200 survey respondents (80% response rate)
- 9 women directly benefited from accommodation services
- 300+ food parcels distributed weekly
- 15 volunteers actively engaged
- 5 community engagement events held

These outputs reflect not only the scale of need but also the breadth and depth of support Ark of Hope Foundation For All Nation provides.



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Impact — Long-Term Difference

Wellbeing & Stability

- Beneficiaries reported significant improvement in emotional wellbeing, reduced anxiety, and increased confidence to pursue personal goals
- Greater ability to manage household responsibilities and engage in education or employment opportunities
- Strengthened family cohesion and resilience, with children benefiting from more stable and secure home environments

Community Integration

- Formation of supportive peer networks and social connections
- Increased participation in community meals and events, fostering inclusion and trust
- Enhanced awareness of Ark of Hope Foundation For All Nation's services, encouraging self-referral and early engagement with support systems

Cultural Competence

- Provision of culturally relevant food and sensitive casework allowed beneficiaries to feel respected, valued, and truly included
- Recognition of cultural identity reinforced dignity and social inclusion



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Short-Term Changes Observed

Survey findings indicate substantial short-term benefits for beneficiaries:

- 88% experienced improved food security, reducing stress and enabling healthier family meals
- 72% improved household budgeting and financial management skills
- 68% reported enhanced self-confidence, motivation, and agency over life decisions
- 64% felt a stronger sense of community and belonging, helping alleviate social isolation
- 92% described receiving support that was respectful, culturally sensitive, and personally meaningful

Volunteer feedback:

- Volunteers reported increased teamwork skills, personal fulfilment, and deeper understanding of diverse cultural needs
- Participation in outreach activities strengthened volunteers' engagement with the wider community, creating a ripple effect of social cohesion



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Feedback & Lived Experience

Beneficiary confessions highlighted transformative effects on both practical and emotional levels:

- “For the first time in my life, I felt understood and valued.”
- “The food parcels weren’t just meals; they were recognition of who we are.”
- “Volunteers encouraged me to pursue a job and gave me hope for the future.”
- “Weekly community meals gave me connection and belonging I hadn’t felt in years.”

These testimonies illustrate that Ark of Hope Foundation For All Nation’s interventions go beyond material support, fostering hope, resilience, and social cohesion.

Next steps:

- Continue and expand structured survey collection to capture all beneficiary outcomes
- Scale culturally competent food, accommodation, and empowerment services
- Increase volunteer engagement and strengthen community partnerships
- Implement enhanced monitoring and evaluation to continuously improve programme impact



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CONCLUSION

Ark of Hope Foundation For All Nations delivered measurable improvements in food security, social inclusion, and empowerment for 200 survey respondents and many more beneficiaries. Through culturally competent support, safe accommodation, life skills training, and community engagement, the charity continues to foster long-term wellbeing, dignity, and belonging.



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THANK YOU

for your time and attention

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